

**KS3 CPSHE CURRICULUM MAP 2023-24- YEAR 7**

Term:	Year 7 (One x 50 mins lesson a fortnight)
<b>Autumn 1 (7 weeks)</b>	<p align="center"><b><u>Growing Up:</u></b></p> <ol style="list-style-type: none"> <li>1. How is <b>Year 7</b> different?</li> <li>2. What is Puberty?</li> <li>3. Why am I feeling like this?</li> <li>4. Why are friends important?</li> </ol>
<b>Autumn 2 (8 weeks)</b>	<p align="center"><b><u>Relationships</u></b></p> <ol style="list-style-type: none"> <li>1. What is the difference between healthy and unhealthy relationships?</li> <li>2. Communication skills</li> <li>3. Commitment in relationships</li> <li>4. Abuse in relationships</li> </ol>
<b>Spring 1 (5 weeks)</b>	<p align="center"><b><u>Identity and Community</u></b></p> <ol style="list-style-type: none"> <li>1. Who am I and what makes up my identity?</li> <li>2. What makes up a family?</li> <li>3. What makes up a community and how can I be an active citizen?</li> </ol>
<b>Spring 2 (6 weeks)</b>	<p align="center"><b><u>Identity and Community</u></b></p> <ol style="list-style-type: none"> <li>1. Gender identity and stereotypes</li> <li>2. Faith and values</li> <li>3. What are my rights and responsibilities?</li> </ol>
<b>Summer 1 (6 weeks)</b>	<p align="center"><b><u>Risk and Safety</u></b></p> <ol style="list-style-type: none"> <li>1. What is risk and how do we manage risky situations?</li> <li>2. Being assertive and dealing with pressure</li> <li>3. Managing expected and unexpected events.</li> </ol>
<b>Summer 2 (7 weeks)</b>	<p align="center"><b><u>Planning for the future:</u></b></p> <ol style="list-style-type: none"> <li>1. Working with others and building skills.</li> <li>2. Goal settings and how do I plan for my future?</li> <li>3. Year 8 and Me</li> </ol>